



Training course
“Get real stay social” 18-26.06.2018

Key Action 1 – Learning mobility of individuals

Training course

“Get real stay social”

18th – 26th June 2018

Gryfów Śląski, Poland



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Project summary:

“Just do it”, the youth organization from Poland, invites you to join us in the 7-day training course “Get real stay social” (18th is arrival day and 26th is departure day). The training course will focus on solving problems of youth unemployment and radicalisation through learning about social entrepreneurship and bringing new ideas to life. The project will be hosted in Gryfów Śląski. It’s a beautiful city near Jelenia Góra city. The activity is funded by Erasmus+ Programme.

We will bring together youth workers from 8 countries:

- Croatia (Pozitiva Samobor)
- Spain (Las Ninas del Tul)
- Turkey (Youth Season)
- Bulgaria (Young Improvers for Youth Development)
- Lithuania (Tarptautinis bendradarbiavimo centras)
- Romania (ASOCIATIA TINERII 3 D)
- Czech Republic (Centrum financni gramotnosti)
- Poland (Just do it)



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Objectives

The main aim of the training is to develop entrepreneurial skills and raise level of knowledge in social entrepreneurship. We will achieve this by meeting objectives listed below.

Specific objectives:

1. To present social entrepreneurship as a way to tackle youth unemployment by providing youngsters with more options to gain relevant experience for their future employment.
2. To present social entrepreneurship as a way for volunteers to offer more options to spend time in order to avoid social exclusion, which can lead to joining radical groups.
3. To show good examples and practice of including people with fewer opportunities in social enterprises.
4. To teach youthworkers entrepreneurial skills like creating and leading a team, decision-making, public speaking, communication, fundraising and many others.
5. To provide knowledge and skills for youthworkers to be able to transfer the skills to future social entrepreneurs via workshops, coaching, mentoring, or to transfer the knowledge through more youth projects and educational activities.

All of the above will be reached through means of non-formal education. We will not be giving lectures, we will guide and motivate participants to work in groups, find their own conclusions and develop communication and groupworking skills.



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Participants should satisfy the following requirements:

- at least Intermediate level of English Language;
- motivation in attending the training course and participate actively;
- are eager to use knowledge gained during this TC in their communities and organizations;
- have a great interest in developing their skills and motivated to work with youngsters
- have great interest in social entrepreneurship and entrepreneurial learning
- are youth leaders who carry out different activities in non-governmental organizations and are directly involved in work with young people
- have already some experience and knowledge on the topic of the TC
- have motivation to develop new projects on the topic of employability, skills development and fighting unemployment
- be able to participate for the whole training fully
- all of the participants commit themselves for disseminates the outcomes of our training in multiple ways.

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Accommodation:

- We will be staying in a beautiful city Gryfów Śląski close to Izery mountains, 27 km from Jelenia Góra and 135 from Wrocław.
- the participants will be accommodated in rooms (double or triple) equipped with all comforts in a hotel Stacja nad Kwisą (<https://www.facebook.com/Hotel-Stacja-Nad-Kwis%C4%85-Gryf%C3%B3w-%C5%9A%C4%85ski-123373281066392/>) in Gryfów Śląski. Both the conference room and meals are provided by the hotel Stacja nad Kwisą, so there will be no moving included. The Stacja nad Kwisą will offer full board (breakfast + lunch + dinner - only mineral water included, you can order some extra drinks). During the day, there will be two coffee breaks included.
- There is free wi-fi in rooms. You do not need to take a towel because you will find it in your room (every room has, of course, a private toilet and bathroom inside the room).





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How to reach to Gryfów Śląski:

Two nearest airports are situated in Wrocław (WRO) and Katowice (KTW). We suggest you to travel to Wrocław Airport. The airport is connected with the city center by buses. When you reach the main bus/train station there are buses to Gryfów Śląski (keep in mind that last one is at 18:00- 6p.m.). From main bus station to hotel is 15 meters.

Participation conditions:

- food and accommodation is fully covered by the organizers with the support of the European Commission's Erasmus+ Programme;
- we don't cover insurance, please make it as your commitment to the training;
- travel costs will be reimbursed, up to travel cost limit (listed below) according to Erasmus + programme rules listed below. Before purchasing tickets, you have to get a confirmation from organizers (send the tickets you want to buy on e-mail written in contacts);
- we will NOT reimburse you travel costs, if you don't attend all sessions/arrive later/leave earlier;
- **important: KEEP YOUR BOARDING PASSES, DON'T THROW THEM AWAY, or we won't be able to reimburse you;**
- collect e-ticket, invoice, proof of payment. For train and bus tickets make sure the date, the itinerary and the price are visible on the ticket. We can't reimburse money if you take taxi.



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We need invoice for your tickets:

Just do it

Stara Kamienica 51c/6

58-512 Stara Kamienica

Tax number 611-27-68-695

Reimbursement limit for travel costs:

Country (number of participants)	Max amount per participant
Croatia (3)	275 Euro
Turkey (3)	275 Euro
Romania (3)	275 Euro
Spain (3)	360 Euro
Lithuania (3)	275 Euro
Czech Republic (5)	180 Euro
Bulgaria (3)	275 Euro



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Weather:

June in Poland is the summer month. 😊 But it doesn't mean that will be warm 😊

We have to keep in mind that we will be in the mountains region where the temperature is usually lower than in the rest of the country. On June it averages around:

20° C in day and 8° C at night. However, it is amplitude, so the temperature may be lower.



Dissemination:

- every involved organization will be asked to write, together with participants, after their return, an article about the project and present it on their websites: the activities we've had, impressions they've got and what impact they are expecting after this;
- within a month after the training course, every partner organization expected to organize follow up workshops on the topic of the training with their organization members and also within local communities;
- at the project, we will be writing short summary of the day with pictures and every organization will be able to share this information amongst their youngsters through social media and websites.

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What to bring:

- WE STRONGLY ADVISE YOU TO TAKE OUT A FULL TRAVEL INSURANCE POLICY FOR THE DURATION OF YOUR STAY IN POLAND! PLEASE NOTE INSURANCE COSTS OF ANY KIND WILL NOT BE COVERED. The organization will not be able to reimburse you for any losses.
- Please do not forget to bring with you some food and drinks, specialities of your countries for our intercultural evening. We would like to organize Intercultural evenings on the Youth cultural centre.
- If you have special dietary or other requirements, be sure to specify them in the application form.
- Please find a nice mug from your city/town/country and bring it to the training course. On the first day we will make a lottery and you will get a cup that you can use the whole week (coffee break) and later bring home with you as a memory.

Less plastic, more beauty!

- Good mood 😊





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Contacts:

Feel free to contact us in any way listed below:

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